

**Information and Liability Waiver**  
**Calgary Hot Yoga 3803 26 Ave SW Calgary, AB T3E 6V7**

**Printed First Name** \_\_\_\_\_ **Printed Last Name** \_\_\_\_\_

**Birthdate (M/D/Y)** \_\_\_\_\_ **Primary Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

This is your login for our website. We only use your email to send you account specific information such as purchase receipts, appointment reminders and pass expiry notifications. You can opt out at any time. If you want to receive our newsletter, you can sign up for that on our website.

**It is your responsibility to inform the instructor of your limitations before each class begins.**

- a) I am, or will be, participating in Yoga Classes or Workshops offered by Calgary Hot Yoga. These classes may be conducted in a **heated environment (approximately 42 degrees C) and at high humidity**. At times it may be strenuous. **I recognize that such physical activity and exertion may cause or aggravate a physical injury or medical condition.** I am fully aware of and accept the risks involved.
- b) I understand that it is **my responsibility to consult with a physician prior to participating in the Yoga Classes or Workshops, and to receive approval to participate.** I verify that I am in good physical health and have no medical condition or injury that would prevent my participation in the Yoga Classes or Workshops.
- c) I understand that at all times in the Yoga Classes or Workshops that I am responsible for myself and will treat my body with respect. **I will participate as possible and rest as needed.**
- d) **I will not hold Calgary Hot Yoga or its partners, affiliates, instructors, employees, officers or directors responsible for any injuries** suffered by me prior to, during, or after my participation in Yoga Classes or Workshops, or incurred on the premises, **whether or not such injuries are caused by the negligence or other conduct of Calgary Hot Yoga, or its partners, affiliates, instructors, employees, officers or directors.**
- e) I grant Calgary Hot Yoga, its representatives and employees the right to take photographs and videos of me and my property in connection with the above-identified purposes. I authorize Calgary Hot Yoga, its assigns and transferees to use and publish the same in print and/or electronically. I agree that Calgary Hot Yoga may use such photographs and videos of me for any lawful purpose, including but not limited to such purposes as publicity, illustration, advertising, and Web content. I hereby waive the right to receive any payment for signing this release and waive the right to receive any payment for Calgary Hot Yoga's use of any of the material described above for any of the purposes authorized by this release.

**I have read this agreement and fully understand its content and meaning, and sign it of my own free will and I am 18 years of age or over.**

**Signature** \_\_\_\_\_ **Date Signed (M/D/Y)** \_\_\_\_\_

**Participants 17 years of age and under:**

As a legal guardian of \_\_\_\_\_, I consent to the above conditions and terms and grant my permission for the above named minor to attend any Calgary Hot Yoga class/workshop.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date Signed (M/D/Y)** \_\_\_\_\_

**Printed Name** \_\_\_\_\_ **Phone** \_\_\_\_\_